Safle/ Positi	Rhif/ No.	Amser/ Time	Enw/ Name	Clwb/ Club	U/23	Male: U/40	O/40	O/50	O/60	O/70	Female: U/40	O/40	O/50	O/60
1	35	49:38:00	Mark Williams	F1 Runners			1							
2	13	50:09:00	Jez Brown	Buckley Runners			2							
3	41	50:51:00	Trefor Morton	Eryri Harriers		1								
4	22	50:56:00	Martin Cliffe	Eryri Harriers			3							
5	37	53:55:00	Adair Broughton	Helsby		2								
6	5	54:39:00	Neil Parry	CRR		3								
7	31	55:21:00	Jason Phillips	U/A		4								
8	27	57:09:00	Llifon Ffoulkes	Eryri Harriers		5								
9	18	57:50:00	Andrea Rowlands	Eryri Harriers							1			
10	11	58:15:00	Jamie Wright	Deeside	1									
11	44	58:54:00	Vic Belshaw	Denbigh				1						
12	36	59:30:00	Jayne Joy	Helsby							2			
13	30	62:14:00	Graham Davies	Mysteruns			4							
14	7	62:35:00	Brian Davey	Southport Waterloo				2						
15	20	63:22:00	Martin Cortvriend	Denbigh					1					
16	2	63:40:00	Huw Lewis	Buckley Runners				3						
17	46	64:38:00	Ruth Metcalfe	Eryri Harriers								1		
18	15	64:44:00	Neil Hindle	FRA				4						
19	3	65:15:00	Pete Roberts	Buckley Runners						1				
20	45	65:47:00	Joseph Cooper	U/A		6								
21	8	65:48:00	Richard Bourne	U/A			5							
22	24	66:10:00	Joanne Moore	Eryri Harriers								2		
23	1	67:04:00	Peter Leighton	Horwich			6							
24	10	68:18:00	John Morris	Buckley Runners					2					
25	32	68:38:00	Matt Wells	U/A		7								
26	4	68:54:00	Phil Gillard	Helsby				5						
27	9	69:15:00	Tony Benton	Denbigh				6						
28	33	69:40:00	Steve Bajic	Telford Harriers				7						
29	19	70:00:00	Peter Close	U/A			7							
30	47	72:10:00	Richard Davies	U/A				8						
31	26	72:41:00	David Owen	Prestatyn					3					
32	17	73:51:00	Nigel Rowlands	CRR			8							
33	34	73:51:00	Willem Van Prooijen	CRR					4					
34	28	74:28:00	Charles Ashley	Wrexham AAC				9						
35	16	75:30:00	Linda Edmondson	Wrekin								3		
36	43	76:44:00	Robert Webster	Tattenhall Runners				10						
37	21	78:21:00	Victoria Whitehead	Denbigh							3			
38	25	78:43:00	Philip Jones	Prestatyn						2				
39	42	80:12:00	Jenny Ewels	CRR							4			
40	14	80:54:00	Ruari Benton	Denbigh	2									
41	39	84:08:00	William Loveland Heath	U/A					5					
42	29	87:54:00	Gillian Csizmadia	Wrexham AR									1	
43														
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