

RESULTS - PUSH UP THE PINCYN 2011														
Safle/ Position	Rhif/ No.	Amser/ Time	Enw/ Name	Clwb/ Club	Male:					Female:				
					U/23	U/40	O/40	O/50	O/60	O/70	U/40	O/40	O/50	O/60
1	93	44:38:00	Jez Brown	Buckley Runners			1							
2	82	45:32:00	Mark Williams	u/a			2							
3	97	45:44:00	Neil Parry	CRR		1								
4	64	47:26:00	James Ellis	Warrington AC	1									
5	81	47:58:00	Adam Haynes	Eryri				1						
6	78	48:13:00	Simon Edwards	Buckley Runners			3							
7	75	48:52:00	Derek Boothby	Wrecsam Tri		2								
8	88	48:58:00	Andrea Rowlands	Eryri							1			
9	65	49:35:00	Simon White	u/a		3								
10	62	50:44:00	Llifon Foulkes	Eryri		4								
11	61	52:05:00	Stephen P Jones	Eryri				2						
12	74	52:08:00	Stephen Jones	CRR		4								
13	80	52:12:00	Trefor Jones	Eryri				3						
14	98	52:41:00	Lisa Grantham	Wirral AC							2			
15	52	53:50:00	Guto Jones	u/a		5								
16	94	54:04:00	Steven Donnelly	Local		5								
17	76	54:09:00	Robert Chambers	Tattenhall Runners		6								
18	77	54:15:00	Don Kenyon	u/a		6								
19	90	54:38:00	Duncan Jones	Denbigh Harriers				4						
20	51	55:26:00	Mark Davies	St Helens Sutton		7								
21	72	55:44:00	Neil Hindle	FRA				5						
22	55	56:52:00	Graham Davies	Mysteruns		8								
23	73	56:57:00	Ruth Metcalfe	Eryri							3			
24	59	57:26:00	Alan Heath	CRR		7								
25	99	57:31:00	Aime Hannant	u/a							4			
26	84	57:40:00	Paul Donohue	Buckley Runners		8								
27	69	57:55:00	David Livesey	u/a				6						
28	85	58:00:00	Tim Charmley	Tattenhall Runners		9								
29	83	58:08:00	John Morris	Buckley Runners						1				
30	57	58:30:00	Charlie Aldersey	Tattenhall Runners		9								
31	60	59:43:00	Mark Smith	Tattenhall Runners		10								
32	89	1:01:05	Nigel Rowlands	CRR			10							
33	54	1:02:24	Richard Davies	u/a			11							
34	70	1:02:36	David Tozer	Bayston Hill Salad Dodgers			12							
35	53	1:03:09	Roger Beech	u/a		11								
36	95	1:03:30	Christopher Keeling	Bayston Hill Salad Dodgers		12								
37	86	1:03:47	Murray Whitehead	Local	2									
38	92	1:03:50	Tony Benton	Denbigh Harriers			13							
39	91	1:03:55	Claire Riley	Denbigh Harriers							1			
40	87	1:04:14	R Arwyn Jones	u/a		13								
41	66	1:04:22	Ian Brisbane	Eryri			14							
42	58	1:04:53	Robert Webster	Tattenhall Runners				7						
43	68	1:04:53	Tina McDonnell	Eryri							2			
44	79	1:04:53	Graham McVey	u/a			15							
45	63	1:05:35	George Livesey	u/a	3									
46	71	1:10:51	Linda Edmondson	Wrekin RR							3			
47	96	1:12:00	Moyna Richey	Local							5			
48	56	1:12:55	Adele Curran	Tattenhall Runners							6			
49	100	1:13:43	David Owen	Prestatyn						2				
50	67	01:29:30	Sioned Rowlands	Eryri							7			