Safle/ Position	Rhif/ No.	Amser/ Time	Enw/ Name	Clwb/ Club	Male: U/23	U/40	O/40	O/50	O/60	O/70	Female: U/40	O/40	O/50	O/60
1	665	45:18:00	Gareth Briggs	Staffs Moorland			1							
2	637	47:13:00	Jez Brown	Buckley			2							
3	667	48:14:00	Craig Jeffery	Staffs Moorland			3							
4	669	49:11:00	Tony Smith	Ambleside			4							
5	672	49:25:00	Craig Jones	Eryri			5							
6	655	50:35:00	Jayne Joy	Helsby							1			
7	612	53:25:00	Paul Stinton	Buckley			6							
8	661	53:56:00	Vic Belshaw	Denbigh				1						
9	668	54:02:00	Neil Coppack	Clwydian			7							
10	647	54:12:00	Gary House	U/A		1								
11	623	54:43:00	Peter Taylor	Tattenhall			8							
12	671	55:23:00	Jonathan Hardman	U/A		2								
13	657	56:23:00	Adair Broughton	Helsby			9							
14	629	57:38:00	Huw Lewis	Buckley				2						
15	653	58:17:00	Graham Davies	Mysteruns				3						
16	664	59:42:00	Dan Hurst	Clwydian			10							
17	652	61:08:00	Richard Borne	Mysteruns			11							
18	646	61:15:00	Mario Foschi	Helsby					1					
19	630	61:50:00	Peter Roberts	Buckley						1				
20	620	63:19:00	Nicholas Little	Mersey Tri				4						
21	645	63:20:00	Danny Jenkins	U/A				5						
22	621	64:15:00	Duncan Jones	Denbigh				6						
23	600	65:24:00	Brian Davey	Southport Waterloo				7						
24	624	66:05:00	John Morris	Buckley						2				
25	632	66:13:00	Dawn Urquhart	Buckley								1		
26	658	66:21:00	Tim Palmer	Helsby			12							
27	635	67:09:00	Michelle Spencer	Southport Waterloo							2			
28	607	67:13:00	Stephen Jones	Clwydian			13							
29	603	67:19:00	Jim Jones	Helsby			14							
30	613	67:26:00	Andy Worthington	Pensby					2					
31	633	67:45:00	Hazel Berrett	Buckley									1	
32	602	68:19:00	Chris Baldwin	Denbigh					3					
33	660	68:22:00	Paul Donoghue	Buckley			15							
34	608	68:35:00	David Owen	Denbigh					4					
35	636	71:13:00	Trace Peters	Southport Waterloo							3			
36	659	77:32:00	Sabina Hoekema	U/A							4			
37	638	78:30:00	Daniel John Day	U/A		3								
38	666	78:41:00	Joanne Hackett	Staffs Moorland								2		
39	663	78:48:00	Kerry Belshaw	Denbigh							5			
40	634	85:01:00	Carole James	Southport Waterloo									2	
41	611	94:35:00	Rob Mackey	Buckley					5					
42														
43														